

*Are you the "caregiver" to a loved one or family member?*

*Is your husband, wife, mother, father, child or other loved one homebound, ill with Alzheimer's, cancer or other medical problems?*

*Do you often feel "overwhelmed," "sad," "frustrated," and sometimes "angry," by the role of being a "caregiver?"*

*The Archdiocesan Parish Nurse Program is pleased to invite those who are involved in giving "home care" to a family member ...*

*To support, listen and encourage one another,*

*To offer social and emotional support,*

*To educate and inform,*

*To pray.*

*Please join us for one or all meetings!*

***DATE:** Thursday August 27, 2009 and every "last Thursday" thereafter.*

***LOCATION & TIME:** Holy Innocents Rectory Meeting Room 1PM  
St. Leo School Convent 7PM*

*For more information, please contact Teresa McCausland, RN  
Archdiocesan Parish Nurse Facilitator  
at 215-624-1639*